

## CURRICULUM VIATE

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### Educational Qualification

Sl. No.	Qualification	Year of Passing	Subjects	Division	University
1.	B.A	1997	Psychology(Hons)	1 <sup>st</sup> Division with Dist.(6 <sup>th</sup> position)	Utkal University
2.	M.A	1979	Psychology & Comparative Psychology	1 <sup>st</sup> Division (7 <sup>th</sup> Position)	Utkal University
3.	M.Phil	1981	Cognitive Psychology	1 <sup>st</sup> Division (2 <sup>nd</sup> Position)	Utkal University
4.	Ph.D	1989	Cognitive & Comparative Psychology	Awarded	Utkal University
5.	CLP Certificate course offered by IGNOU, Bhubaneswar	2006	Computer	Passed	IGNOU , Bhubaneswar
6.	9 week Course		Assessment & Instructions for Handicapped Children	Offered by Associate Professor David Baine	Faculty of Education, University of Alberta

### Academic Achievement:

Sl.No.	Achievement
1.	Received National Scholarship from Utkal University
2.	Distinction & Stood 6 <sup>th</sup> in B.A psychology Hons. , Examination in 1977, Utkal University
3.	Stood 7 <sup>th</sup> in M.A(psychology) 1979, Utkal University
4.	UGC Reserch Fellow From 1981 to 1985 vide order no. 21832/81 at Cas in Psychology, Vani vihar Bhubaneswar
5.	Advisor – Institute of Developmental Assessment and Counseling, New Delhi University
6.	Felicitatation offered at Gerontology International Conference , Andhra University
7.	Felicitatation by OPA at Banki Autonomous College ,Banki
8.	Selected as Member , Academic Council ( Chairman Board of Studies ) of G.M. ( Autonomous) College, Sambalpur

### Administrative Experience :

Sl. No.	Exprience
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1.	Advisor , Higher Education , Odisha -2011
2.	Students' Union Advisor, G.M> (Autonomous) College, Sambalpur-2010
3.	Convenor Syllabus Committee, (G.M. Autonomous ) College and Sambalpur University - 2010 & 2011
4.	Editor and Chief of Newsletter of G.M. College, Sambalpur 2009-10
5.	Head of the P.G. Department of Psychology , G.M. College , Sambalpur from 2008 to January, 2011
6.	Members , Students' Development Committee, Ravenshaw ( Autonomous) College, Cuttack 2006-07
7.	Associate Advisor, Stress Management , Ravenshaw University 2008
8.	Associate Advisor Film Society, Ravenshaw University 2008
9.	Selected as External Member of Internal Quality Assurance Cell of Sambalpur University
10.	Selected by Council of Higher Secondary Education, Odisha as Master Trainer of Orientation Courses 2009-10
11.	Selected by Council of Higher Secondary Education , Odisha as Master Trainer in Psychology at R.D. Women's College, Bhubaneswar and Kamala Nehru Women's College, Bhubaneswar on 14.01.2008
12.	Selected as Member of Board of Studies of Utkal University 2007
13.	Selected as Chairman , Academic Council, G.M. College (Autonomous) , Sambalpur
14.	Selected as Member , Academic Council, Sambalpur University, Sambalpur

### Refresher & Orientation Course :

Sl.No.	Course
1.	Refresher Course on Human Development From 1 <sup>st</sup> to 30 <sup>th</sup> March 1990 sponsored by UGC organized by Utkal University
2.	Refresher Course on Experimental Psychology from 3 <sup>rd</sup> to 30 <sup>th</sup> November 1990 sponsored by UGC organized by Utkal University
3.	Orientation course on DELNATE Programme organized in collaboration with New Delhi, Delnate and Ravenshaw University 2008

### Work Experience :

Post Held	Institution	Nature of Duty	Period of Service
Lecturer	Bhadrak College, Bhadrak	Teaching I.A. and B.A ( Hons. & pass) & +2 and +3 (Hons. & Pass) students in Psychology	20.03.1985-12.05.1987
Lecturer	B.J.B College, Bhubaneswar	Teaching +2 and +3 (Hons. & Pass) students in Psychology	20.05.1987-17.06.1987
Lecturer Sr. Lect. W.e.f. 20.03.1990	R.D. Women's College, Bhubaneswar	Teaching +2 and +3 (Hons. & Pass) students in Psychology	17.06.1987-22.01.1996
Senior Lecturer	Dhenkanal College, Dhenkanal	Teaching +2 and +3 (Hons. & Pass) students in Psychology	27.01.1996-16.05.1996
Senior Lecturer Reader w.e.f. 20.03.1998	R.D. Women's College, Bhubaneswar	Teaching +2 and +3 (Hons. & Pass) students in Psychology	16.05.1996-10.08.2001

Reader	Ravenshaw University , Cuttack	Teaching +2 and +3 (Hons. &Pass) and P.G students in Psychology	10.08.2001- 31.10.2008
Professor	G.M(Auto) College , Sambalpur	Hons. And P.G. Students in Psychology	01.11.2008- 31.01.2010
Additional Director	Directorate of Higher Education , Odisha	01.02.2011 and continuing	
Director I/C	Directorate of Vocational Education, Odisha	21.05.2011 and continuing	

### Published ReserchPapers :

Sl.No	Title	Name of the Journals with Full Address	Number	Volume	Month & Year of Publication	Page No. From - To	National/International
1.	Xenophilia and Neophilia in Albino Rats: Effect of Social Rearing	Psychological Studies	2	26	1981	124-132	National (Trivandrum)
2.	Effect of Space and Social Interaction on Emotionality Activity and Learning in White Albino Rats	Indian Psychologist	1	1	1982	3-8	National
3.	Exploratory Behaviour of Albino Rats under different conditions	Psychological Research	7	7	1983	33-42	National(Calcutta)
4.	Some Personality Characteristics of Narcotic Drug Uses	Perspective in Psychological Researches	2	3	1984	9-12	National
5.	A Sociometric Study of School Children in relation to Extroversion-Introversion	Perspectives in Psychological Researches	1	7	1984	13-16	National
6.	Free Social Behaviour of Rats different	Perspectives in Psychological	2	9	1986	28-31	National

	Physiological Condition	al Researches					
7.	Impact of the level of Social Interaction and Space on Discrimination Learning	Indian Psychologist	1	4	1987	41-46	National
8.	Combined Effects of foot shock and Electroconvulsive shock on activity of Albino Rats	Indian Journal of Behaviour	3	11	1987	1-8	National
9.	Effects of Rearing on the Visual Cliff and Exploratory Behaviour in Chicks	Perspective in Psychological Researches	1	10	1987	15-18	National
10.	Plan , Design and Methodology of +2 and +3 level Practicals	State level Practical under the Leadership Projects: A Workshop Proceedings (Book)	1	8	1991	10-15	National
11.	Correlating Variables of Capacity Building of Angwanwadi Workers of Orissa	Journals of Extension Education	XII 1&2	XII	2007	48-55	National
12.	Effects of Life Style and Stress on Dialects	Indian Journal of Psychology & Health	Accepted for Publication ISBN-0973-7286				
13.	Suicidal thought among Adolescent boys and Girls	Indian Journal of Psychology & Health	Accepted for Publication ISBN-0973-7286				
14.	Sleep Learning International Intelligence	International Journal of Psychology	Accepted for Publication - 2022				

### Chair Person in International Conference :

Sl.No.	Conference
1.	Co- Chair person in International Conference on Health Psychology and Counseling: Issues/Opportunities and Challenges on November 14, 2007 , Session-2 , Department of Psychology, Andhra University
2.	Chair Person in International Conference on Gerontology International Synthesis Conference, Scientific Session-4, Youth to Aging on 13 <sup>th</sup> March 2009 at Visakhapatnam
3.	Members of Orissa Psychological Association
4.	Member of Indian Science Congress

### Books Published :

Sl. No.	Title	Year of Publication	Name & Address of Publisher	Text Book/Reference Book
1.	Practical Exercise in Psychology Learning about yourself and others	2004	PANCHASILA Bhubaneswar- 751009	Text Book
2.	Students' Participation : A key factor for Quality Assurance in Higher Education	2006	MAHABIR Bhubaneswar Pokharan Village (Edited Book)	Reference Text Book
3.	Total Quality Management in Higher Education – A fresh look	2007	MAHABIR Bhubaneswar Pokharan Village (Edited Book)	Reference Text Book
4.	Life Perceptions and Satisfaction among Elderly people	2007	FM(ED) Concept Publisher, New Delhi	Reference Text Book
5.	Perspective in Psychology (Edited)	2007	MAHABIR Bhubaneswar Pokharan Village (Edited Book)	Reference Text Book
6.	Applied Statistics in Social Sciences	2008(In Press)	New Age Publisher, Calcutta	Reference Text Book
7.	Health Psychology and Counseling	2009	ISBN No.978-81-8356-3734 Discovery Publishing House Pvt. Ltd. 4831/24, Ansari Road, Daryaganj, New Delhi- 110002	Reference Text Book

## Ph.D Guidance :

Sl.No.	Title
1.	Mrs. Priyadarshini Mohanty : Impact of Social Interaction and Living Space on learning and Effective Behaviour of Albino Rats, Ph.D Award on 6 <sup>th</sup> June,2009
2.	Smt. NirupamaRath : Impact of Social Rearing and sex on Neophilia and Neophobia of Wistar Rats, Regd. No.233 Arts-1991-92
3.	Sri Rajendra Kumar Parhi : The Role of Home Environment on the Competence of Pre-School Children. Regd. No.11, Psychology 2006-07(31.05.2007)
4.	Miss Shradhanjali Behera : The effect of Organisational Role Stress on working Women. Regd. No.17PSY 2006-07
5.	Miss RajashreeRay : Vision of Holistic Health and Quality of Life on Psychological Predictors of Health Behaviour and Health Promotion among Yough Adults. Regd. No.13,Psychology 2007-08
6.	Miss SiptirekhaBeura : Life style orientation, stress , Physical and Psychological wellbeing of corporate and non-corporate sector employees. Regd. No.11, Psychology 2007-08
7.	Mrs. Geetisudha Thakur: Social support and Psychological wellbeing of mothers having children with Disability . Regd. No.184/2010/Psychology, 29.03.2010
8.	SmeetaMishra : Problem Behaviour Management with Intellectual Disability and Individualised Education Programme of Mentally Retarded Children. Regd.No.185/2010/Psychology

## Presentation of Paper at Indian Science Congress :

Sl.No	Title
1.	Presented Paper- xenophilia and Neophilia in Albino Rats: Effect of Social Rearing at 69 <sup>th</sup> Session of Indian Science Congress held at Mysore,1982
2.	Presented Paper: Impact of social Interaction and Space on Discrimination Learning at 73 <sup>rd</sup> Indian Science Congress held at Delhi , 1986

## Selected International Seminar/Symposia /Workshops/ Conferences

### Attended & Presented Papers :

Sl.No.	Conducting Organisation	Topic	Duration
1.	International Association for Cross-Cultural psychology, CAS Psychology, Utkal	International Symposia on cross Cultural Psychology	Participated from 28.10.1980 to 07.01.1981
2.	CAS Psychology, Utkal	International Conference on Early Childhood communication	Participated 18 <sup>th</sup> December to 20 <sup>th</sup> December, 1994
3.	Himachal Pradesh Krishi Vishva Vidyalaya Palmpur-176062, Dist. Kangra, H.P. India	International Symposium on Sustainable Agriculture in Hill Areas	October 20 to October 31, 1998
4.	Nippon Care-fit- Service Association	International	Attended on 11 <sup>th</sup>

		Synthesis meeting OKINAWA	march 2007
5.	Dept. of Psychology Andhra University, Visakhapatnam	International Conference on Health Psychology and Counseling: Issues, Opportunities and Challenges	Presented Paper- Healthy living : A Perspective Life Style. 13th to 15 <sup>th</sup> November 2007
6.	Shastri Indo- Chandian Institute , New Delhi	International Seminar on Adolescent Health	Presented Paper Adolescence : Risk and Rigidity
7.	AY-NCSA Centre for Gerontology, India	International Synthesis Conference on Gerontology, Visakhapatnam	Presented Paper planning skills and cognitive Aging, 12-14 <sup>th</sup> March,2009
8.	International Conference on Mind Culture and Behaviour	NAOP	JNU,December 12-15,2010

**National Seminar/Conference/Symposium/Workshops Attended & Paper Presented :**

Sl. No.	Year	Type of Semistar/Workshop	Name of the Conference/Seminar/Workshop/Symposium	Sponsoring Agency with Address	Place	Title of the Paper Presented /Subject of the seminar
1.	1980-81	conference	International Cross- Cultural Conference 28.12.80-01.01.81	CAS Psychology, Vani Vihar, Bhubaneswar	Bhubaneswar	Attended
2.	1981	Symposium	Psycho-Educational Problems of the Socially Disadvantaged	CAS Psychology, Vani Vihar, Bhubaneswar	Bhubaneswar	Attended( Psycho-educational)
3.	1982	Symposium	Indian Science Congress	Orgnised by J.W. Williams & Panday, CAS, Vani Vihar	Bhubaneswar	Attended
4.	1982	Indian Science Congress	Psychology and Educational Dcience	Indian Science Congress 69 <sup>th</sup> savior	Mysore	Paper presented "Effect of Space and social interation on

						emotional ty and activity in Rats”.
5.	19 86	73 <sup>rd</sup> Science Congress	73 <sup>rd</sup> Indian Science Congress	Indian Science Congress	Delhi	Papers Precluded “Impact of level of social Interactio n & space on discrimina tion learning”
6.	19 91	Workshop	Practical under the leadership Project	UGC	Bhubaneswar CAS in Psychology, Utkal	Plan and Design and Methodol ogy of +2 and +3 level of practicals
7.	19 91	Workshop	Full bright workshop on counselling and multicultural society	USEFI&Utka l	CAS in Psychology, Utkal	Paper presented “The role of couselling in multicultu ral society”
8.	19 91	National Seminar	Seminar on Mental Retardation	UGC	Chetana Institute of Mental Retardation, Bhubaneswar	Attended “The Role of Psychologi sts in Service Programm es for the mentally retarded
9.	19 94	Workshop	Workshop on Early development of Tribal child	UGC	CAS in Psychology ,Utkal	Attended
10.	19 96	Seminar	Mental Retardation and Psychology in 2000 AD	UGC	CAS in Psychology ,Utkal	Attended
11.	19 96	National Seminar	Psychology, Trends and Prospects in Orissa	UGC	CAS in Psychology ,Utkal	Participate d



12.	19 97	Symposium	Psychology of poverty and disadvantage – A fresh look	CASP and NAOP congress	CAS in Psychology ,Utkal	Participated
13.	19 98	Workshop	Early Development of Tribal Child	CAS in Psychology	CAS in Psychology ,Utkal	Participated
14.	19 98	National Seminar	Pain Management in Rehabilitation			
15.	19 99	State level Seminar	Priorities of psychological Researches	UGC	Banki	Participated
16.	19 99	National Seminar	Biological bases of Behaviour	UGC	CAS in Psychology ,Utkal	Presented paper "Effects of differential rearing on cognitive and effective behavior of Rats
17.	19 99	National Seminar	Reading Processes and Acquisition	UGC	CAS in Psychology ,Utkal	Remediation:"An approach to Reading Enhancement through cognitive education "
18.	20 00	National Seminar	Cultural Pluralism and group relation: Social Experiments in CANADA and INDIA	Shastri-Indo Canadian Institute	New Delhi	Participated
19.	20 00	National Seminar	Psychology of parents and disadvantaged	CAS in Psychology	CAS in Psychology ,Utkal	Attended
20.	20 00	Conference	Nurturing Invulnerability in Disadvantaged children	UGC	P.N. college ,Khordha	Participated
21.	20 01	National Seminar	Restoration of Livelihood in post- cyclone , Orissa	UGC	R.D. Women'S College, Bhubaneswar	Participated Psychological management in post cyclonic period.
22.	20 01	National Seminar	Teaching psychology in the millennium:Challenges and resources	UGC	CAS in Psychology ,Utkal	Participated
23.	20	National	Vision 2001: Future of	UGC	CAS in	Participate

	01	Seminar	psychologyReflection		Psychology ,Utkal	d
24.	20 02	National Seminar	Management of diversity: Feedback from Canadian and Indian Experiences	Shastri-Indo Canadian Institute	New Delhi	Participated
25.	20 03	National Seminar	Sex differences in activity of Rats: Effects of differential levels of social Interaction	Ravenshwa Monovit	Cuttack	Participated
26.	20 03	conference	National Academy of Psychology	Shastri-Indo Canadian Institute	New Delhi	Participated
27.	20 04	Seminar	50years of Psychology	Alumini ,Utkal	bhubaneswar	Presented article successful tips of marriage
28.	20 04	National Seminar	Contemporary Life styles and Management of Mental Health	Shastri-Indo Canadian Institute	New Delhi	Life style, mental health and yoga Meditation
29.	20 05	Workshop-II	Early development of Tribal child in the Interlude	CAS in Psychology ,Utkal	Bhubaneswar	participated
30.	20 06	Seminar	Silver Jubilee	CAS in Psychology ,Utkal	Bhubaneswar	Presented paper on emotional Brain
31.	20 06	National Seminar	Perspectives in Psychology in the New Millennium	UGC	K.N.W, College, Bhubaneswar	Paper presented " Role of Stress in Depression"
32.	20 06	National Seminar	Student participation in higher education and their role in quality assurance	UGC	IGW College and ERO of Kolkata	Student Participation
33.	20 06	National Workshop	Behaviour modification and management of Criminal/Delinquent personality	UGC	BJB College, Bhubaneswar	Paper presented "mental health and copir style among criminals
34.	20 06	National Seminar	Psychosocial care of the age: Indian and Canadian Perspectives	Shastri-Indo Canadian	New Delhi	Paper presented:

				Institute		"Life perception and satisfaction among Elderly men and Women
35.	20 06	State level Workshop	Teachers Training Programme on special Education	CEP Scheme of UGC	Ravenshaw University, Cuttack	Participated
36.	20 06	National Seminar	Role of Teachers in Social Development	UGC	KNW College, Bhubaneswar	Paper presented "Perception of Teachers about predominant social issues and strategies of Teaching value"
37.	20 06	National Seminar	Empowering women in Indian	UGC	Ravenshaw University, Cuttack	Attended
38.	20 06	Workshop	Orientation programme in Psychology	CHSE, Orissa	KNW College, Bhubaneswar	Master Trainer in Psychology
39.	20 07	National Conference	Total quality Management in Higher Education	UGC	IGW College, Cuttack	Paper presented "Total quality Management in Higher Education: A fresh look"
40.	20 07	State level Workshop	Teachers training Programme on cognitive Psychology and counseling	CPE Scheme UGC	Ravenshaw University, Cuttack	Organised and participated
41.	20 07	National Seminar	Psychological wellbeing: Assessment and Issues	UGC	CAS in Psychology ,Utkal	Paper presented Life Style and Holistic Health

42.	20 07	National Seminar	Yoga and the Modern Age	UGC	SB Women's College, Cuttack	Paper presented
43.	20 07	National Seminar	Combating Stress through Yoga	UGC	P.N. college ,Khordha	Paper presented   "Yoga and Stress relief
44.	20 07	National Seminar	Fifty years of progress of Psychology	UGC	Banki Autonomous College	Paper presented "Abilities- their planning, growth and cognitive aging"
45.	20 07	National Seminar	Wellness	UGC	KKS women's College, Balasore	Paper presented "wellness sources of real happiness "
46.	20 07	National Seminar	Disaster mental health Indian and Canadian perspectives	Shastri-Indo Canadian Institute	New Delhi	Paper Presented "Psychological and social needs of Disaster Victims(the case of Children)
47.	20 08	National Seminar	Promoting Mental Health of Adolescents	UGC	BJB College, Bhubaneswar	Adolescence : The age of turmoil
48.	20 08	National Seminar	Capacity Building and work culture	UGC	KNW College, Bhubaneswar	Correlating variables & Capacity Building among Angwanwadi Workers of Orissa
49.	20 08	National Seminar	Invulnerable children and social justice	UGC	KNW College, Bhubaneswar	Attitude towards Invulnerability

50.	20 09	National Seminar	Changes in learning strategies	UGC	Banki Autonomous College	Introspection
51.	20 09	National Seminar	Positive Psychology	UGC	GM College, Sambalpur	
52.	20 09	Indian Science Congress	Science & Technology	ISSA	RMNH, Bhubaneswar	Depression
53.	20 09	12 <sup>th</sup> Orissa Biyyan Congress	Challenges National Perception of 12 <sup>th</sup> Century	UGC	Utaranchalsa nskrit Academy	
54.	20 10	International	Cognitive Aging	UGC	Andhra University, Visakhapatnam	
55.	20 10	National Workshop	Research Methodology	UGC	Gwalior	
56.	20 10	National Conference	Effect of Body Temperature on Sleep patterns and cognitive performance of Adults		13 <sup>th</sup> Orissa Bigyan Congress Bhubaneswar	
57.	20 10	International Seminar	Mind , Culture and Behaviour	UGC, NAOP	JNU, New Delhi	